



Kōloa Plantation Days Family Fun Run 2014

Bring the entire family! Four different course lengths to test your endurance while enjoying the most beautiful ocean views on Kauai's South Shore!

1 Mile Keiki Run	For aspiring athletes 10 years & under; in the park
5K Run/Walk (3.1 miles)	Run, jog, or walk—your choice! Everyone can join in this event...athletes and couch potatoes alike! Youth encouraged!
10K Run (6.2 miles)	Test your speed and endurance!
10 Mile Run	Serious athletes or training for the Kauai Marathon? Here's your race!

Date: Sunday, July 27th, 2014

Time: 7:00 am – 10:30 am

Location: Poipu Beach Park

7:00 am: 10 mile start

7:30 am: 5K & 10K start

9:00 am: Race awards

9:30 am: Keiki 1 mile start

10:00 am: Keiki Awards

Register NOW at ACTIVE.com

For more information on this and other fun events go to:

www.koloaplantationdays.com or Call 310-968-8856

Awards will be given for 1st - 3rd places overall, and 1st place for each age division for each course. Special awards for all participants age 12 & under. Prizes, T-shirts, food, and drinks along with free mini massages available to all contestants!



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grill + margarita bar

